



CLASS NOTES

2017

*Members of the MD Class of 1954 were asked to submit an update for their classmates in fall 2017. All updates received are enclosed in this newsletter! The UBC Faculty of Medicine Alumni Engagement Office hopes you'll continue to let us know how you're doing!
Contact us anytime at med.alumni@ubc.ca.*



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine



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December 1, 2017

Dear Members of the MD Class of 1954,

On behalf of the UBC Faculty of Medicine Alumni Engagement Team, I offer my congratulations and best wishes on the celebration of 63 years since your graduation from UBC. You and your classmates share a bond, which, as the first graduating class from the UBC Faculty of Medicine, is an inspiration to the classes that followed in your footsteps.

Enclosed you will find your classmates submissions to your (with hopes) yearly newsletter. We hope you will enjoy reading through them. A copy will be placed in your time capsule at the Medical Student & Alumni Centre, which you are welcome to visit anytime! In addition, a digital copy (edited to remove any personal contact information) will be posted to your Class of 1954 Legacy Page on the UBC Faculty of Medicine Alumni webpage at <http://www.alumni.med.ubc.ca>. This digital copy will be there for you to enjoy for years to come.

The UBC Faculty of Medicine Alumni Engagement Team looks forward to hearing from you so please feel free to contact us at by phone at 604-875-4111 x 62032 or by email at med.alumni@ubc.ca. We can't wait to read your stories for next year's newsletter.

Wishing you and your family a Happy New Year and all the best for 2018.

Sincerely,

A handwritten signature in cursive script that reads 'Christina Salvatori'.

Christina Salvatori
Associate Director, Alumni Engagement
UBC Faculty of Medicine

AL BOGGIE

Hello Classmates;

Thanksgiving seems such an appropriate time to send a letter to all of you, because I'm happy and grateful to be here (!) and send an update on my life.

I'm 94, living in assisted living which suits me perfectly as I'm still able to be independent, and have support when I need it. I passed my driver's physical and driving test in May, so I'm still mobile. Where I live has a great gym which I use daily as well as 30 minute walk daily.

My three children live in Vancouver and I see them frequently, and they are readily available should I need help. All my grandchildren are out of university and working--two in USA, one in Australia, and one doing a Masters program in the University of Southern Denmark, and the other two are in Canada.

UBC has certainly changed since our days in the fifties; and the fall enrollment this year at Vancouver and Kelowna campuses is 65,000!!! Enrollment at the Med school in September was 288 which are distributed between Vancouver, Victoria, Kelowna and Prince George.

Gone are the green spaces, replaced with tall cement buildings of various designs, for residences and teaching facilities.

Wesbrook Village is that area along

Wesbrook Mall, south of 16th avenue all the way to Marine Drive. The projected population for this area is 25,000 in five years. All housed in residential high towers [22 stories] and apartment blocks ---for students and families. It's a different world indeed.

For the past three years I've been a trustee on the board of the Friedman Foundation, busy following Connie and Sydney's instructions regarding the distribution of their estate, gifting all their assets in home, investments, jewelry to UBC. The money was to be used for travelling scholarships to students in health care, and also to be used to enlarge the MD/PHD program in Faculty of Medicine. It has been an interesting and successful endeavor, ending up this with UBC over 10 million dollars.

This letter has given me an opportunity to reflect on how important the members of our class have been to me and my family. I'm very proud of the outstanding reputation our class has established by each of us over the years; our endowment fund and Dean Weaver's bust as well as the success of each one of us. Well done MD/54/UBC!!!!

I'm forever grateful to be one of your classmates; and I congratulate Hank for the idea, and Peg and Mort for their energy and organization of this letter.

Best wishes to all of you,
Al Boggie M.D./54



MORTON DODEK

Irene and I are very fortunate to continue to lead an independent life, still living in our home we had built 60 years ago. I still continue to be amazed that we were able to build an architect designed home in 1957 after graduating from medical school three years earlier! Those were the years of promise, hope, and opportunities. I remain greatly indebted to the UBC Faculty of Medicine which gave me the skills and knowledge to serve my patients well and at the same time provide a good life for my family.

Irene and I have had our health problems in recent months but handling them well. I had an aunt who's mantra was "I'm so lucky, things could always be worse!" That is the philosophy we have no choice but to embrace!

All three of our children live in Vancouver and have provided us with seven grandchildren, all adults now, some established in their professions, some still at school. The added bonus is five great grandchildren, the latest born in September.

Irene and I wish to extend the best to the rest of the class and the wives of our departed classmates. I'm only sorry that we can't see each other in person at a reunion....but this newsletter is better than nothing. Let's continue to communicate. We had a wonderful class with many lasting memories.

Morton Dodek Class 1954

MARGARET (PEG) COX



Dear Classmates,

I am happy to join in this newsletter movement so that ending our class reunions does not mean we lose touch with each other; the idea hatched

by Hank Gale is a good one and should appeal to everyone. My contribution is necessarily tied up with my husband Al's, though sadly, he died two years ago. We had retired after 22 years in St. John's Newfoundland, where a new medical school was begun at Memorial University in 1969. Al served as the first Professor of Medicine and later as Dean, and I practiced and taught in pediatrics at a child development program. It was a stimulating time for us both, and we made many friends we still contact. One of our sons (David, who died 2006) married and stayed there, and I have two grandchildren and now a great-grandson in Newfoundland.

We retired in 1991 to return to Vancouver Island, BC and lived over 20 years in a log home on 3 acres, where Al established an organic garden specializing in garlic, which we sold at the Duncan Farmers

Market. Six years ago we downsized to a single level home, still in the same area of Cobble Hill, which is about an hour's drive north of Victoria. A half acre garden and a greenhouse served as Al's hobby occupation, with some help mowing and tree pruning. We still enjoyed travelling with visits to the Gulf Islands and the interior of BC including Prince George and Edmonton, where his two brothers live, and journeys back to Newfoundland, just as those born here keep coming back to "the rock" - almost like a second home. We often returned by Via Rail across Canada from Halifax or Toronto, a much more relaxed travel than by air! We had just completed such a trip in the fall of 2015 when Al became ill and died a few days later from heart failure; he was also suffering from the early but progressive stages of Alzheimer's disease. We had celebrated over sixty years of a very happy marriage, raising four children, and I am now proud of 4 grandchildren and 2 "greats".

I am getting used to living on my own, and am fortunate that since we came here 26 years ago there are plenty of good friends and neighbours around whose company I enjoy. One daughter and her family are nearby in Sidney, Vancouver Island, and my son lives just a few minutes drive away. Susan and her husband live on the

mainland and she is an Associate Professor at UBC and as a sociologist works in the School of Population and Public Health. She has researched on Huntington's disease and other genetic disorders and also teaches research ethics, and collaborates with others on the influence of the arts on health and medical education.

My present activities include volunteering with the Cowichan Valley Hospice Society in Duncan, seeing people in palliative care in hospital and home; I have many friends in the Sylvan United Church of Mill Bay which has significant outreach programs in the local community. These people along with my family have been very supportive. In June I had a memorable journey to Ireland with my daughter Susan and her husband, plus a visit to relatives in England. I take some courses in the Elder College, and belong to a poetry group which meets monthly. I attend concerts here and in Victoria. Having a car and still being able to drive is essential, as I have advancing spinal stenosis and cannot walk as far as I used to.

If any of you visit Vancouver Island I would be happy to see you. The Cowichan Valley has many vineyards and lovely scenery to explore. The only other living class members or wives I know of on the island are Ralph Christensen in Parksville, Lois

Bell in Victoria, Audrey Dudley in Nanaimo and Sandy Heydon in Chemainus.

In the past, Al and I attended several functions (along with Bill and Lois Bell) at the Island Medical Program on the U-Vic campus of the UBC Medical School, where about 30 students study and have their preceptorships on Vancouver Island. Some of them regularly visit my family physician, so now I get examined by medical students in their clinical experience, which begins much earlier in their training than when we were at UBC. I often think back on the times our class members were together - a significant period of our lives.

Margaret (Peg) Cox

Photo: Al and Peg on their 60th wedding anniversary, 2014

HENRY GALE

Hi Classmates -

My wife Barbara and I have been married for 47 plus years and we are blessed with two fine sons and three grandchildren. Fortunately they live nearby and we are able to see them often. Barb and I still live in the house we designed and built in 1975. Though it is much too large now at 6000 sq. feet with five acres of grounds, it is home.

I practiced invasive cardiology until retiring in 2003 but continued seeing office patients until 2008. "Age makes cowards of us all" as the old saying goes, so downhill skiing, hiking, boating, snowmobiling etc. are now a thing of the past with more sedentary pursuits replacing them such as stamp collecting, theatre and collecting CDs and LPs featuring music from the 30's, 40's and Dixieland with a fair amount of Mozart thrown in. Theatre in Stratford, Ontario and London England have been our favorite venues. We have traveled extensively in Europe, Iceland, Canada, Scotland, Ireland and the Caribbean etc. I fondly remember a time in the Galapagos when I met "Lonesome George" the ancient tortoise and last of his kind. It was a comfort to note that he was much older than I! Hard to believe right?? I also seem to recall a fine evening on the Royal Scotsman, a delightful train trip in Scotland when we were treated to a

generous sampling of various Scotch whiskeys, but for some reason, there is a bit of haziness around that memory!!

When the active vacations became more difficult I enjoyed many oceanic cruises probably about ten in all. We even got to fly back to the U.S. on the now defunct Concorde. The earth truly is round! We could see that from the window of the plane. The trip to Iceland upon another occasion convinced me I did not want to experience lunar travel as the landscape was so similar and living in a country that was essentially an active volcano made me appreciate Wisconsin so much more!

Barbara has always been a singer in her free time and recently she recorded a CD. If we may be so bold, I will send you each a copy when I have your updated addresses!! Nothing like a captive audience!

I still look upon my seven years at UBC (BA, MD) to have been a very happy highlight of my life.

Best regards to all,
Hank

ALBERT KNUDSEN

Dear Classmates;
Pat and I continue to live in our townhouse in Tsawwassen. We spend as much time as possible at our place on Shuswap Lake. We are fortunate that all five children and seven grandchildren spend sometime during the summer, with us at the lake.

Since gallbladder surgery four years ago Pat remains very well. I have some problems to cope with, but they are mainly life altering, not life threatening .

Tsawwassen, like so many areas, is vastly changed from when we moved here. We still enjoy it however, keeping active in our church, going to an Acquasize class three mornings a week, and avoiding the tunnel whenever possible.

In terms of classmates, we see Al Boggie regularly and keep in touch with Sandy Heydon who is still living in her home in Chemainus.

The very best of health and happiness to all of you in the years ahead .

Albert & Pat Knudsen

RAYMOND PARKINSON

an update from his wife Beverley Sharp

Ray is now 95 but doesn't look it. He is still very social with anyone he encounters. He is polite, friendly and engaging. He is experiencing some short-term memory loss and some short-term confusion. He still embraces life as it comes. He is being cared for by his wife, Beverley Sharp. Beverley is also dealing with a range of health challenges of her own.

p.s.- Last week we had an appointment with our GP. We met two, first year UBC medical students who our doctor was coaching. They were amazed to meet Ray and hear his history. It was a delight.

Ray and I send our warmest wishes and memories to you all.

ELEANOR ROUTLEY

an update from her daughter Megan

Eleanor Routley, is very happy and is usually "waiting for your father to finish rounds so they can take the dogs for a walk". The fact that he never shows up doesn't deter her and she doesn't seem to ever get tired of waiting! Her memory is such that it just fleets along. She is in Lillooet, which is the town she was born in. Her son Ian lives there and I live 3 hours away. She is incredibly sweet and all the staff love her where she lives. She is 92 now.

Fall 2017.

Hello classmates of '54!

Well here we are, having lived in the best of all times and practiced before medical care was so severely rationed.

In 1996 I retired to a farm in Ryder Lake, a hillwork suburb. The quiet countryside life style with its semi-pioneering and constant busyness suited me well. Over the years the farm expanded to consist of 75 acres. Here I have enjoyed my hobbies, such as growing Siberian irises and many perennials. The Siberian iris has no enemies and my collection of over 500 varieties covers about 5 acres. They bloom from mid-May to the end of June and I welcome you to come and enjoy them with me. The trees and shrubs planted 42 years ago are now mature and the fruit trees require endless pruning. The challenge of picking the fruit slightly green to beat the bears and prevent brutal pruning remains.

My winter hobby of wood work went through the phase of bird houses, mason bee lodges, butterfly and bat roosts, etc. My work is far from excellent but I still have all my fingers! The tennis court, provided such convenient pleasure but aged my knees and hips. Having enjoyed my lifestyle the years have slipped by very quickly. Now

(2)

my parents, Mother Nature and Father Time are advising a less arduous life ~ but where?

I look forward of reading of your activities in this format. Meanwhile I remain healthier than I could hope or expect.

Respectfully,

Henry Pauls





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